

WHAT IS SELF NEGLECT ?



Professionals may refer to 'self-neglect'. This term can be used to describe a wide range of behaviours.

You might not agree with this term, and you can let professionals know what language you would like them to use to describe your situation.

Statutory guidance (Department of Health and Social Care (DHSC), 2020) identifies it as 'a wide range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding'.

GET IN TOUCH

To find out more or to make a referral, please use the following details.



07825 404 803



clearways@teigncvs.org.uk



CLEARWAYS

Working across Teignbridge and South Devon to improve outcomes for those experiencing self-neglect.

Clearways is supported by Teignbridge Community & Voluntary Services



CLEARWAYS



SUPPORT & GUIDANCE

without judgement

For people experiencing difficulties in looking after themselves and their home environment




Torbay and South Devon
NHS Foundation Trust

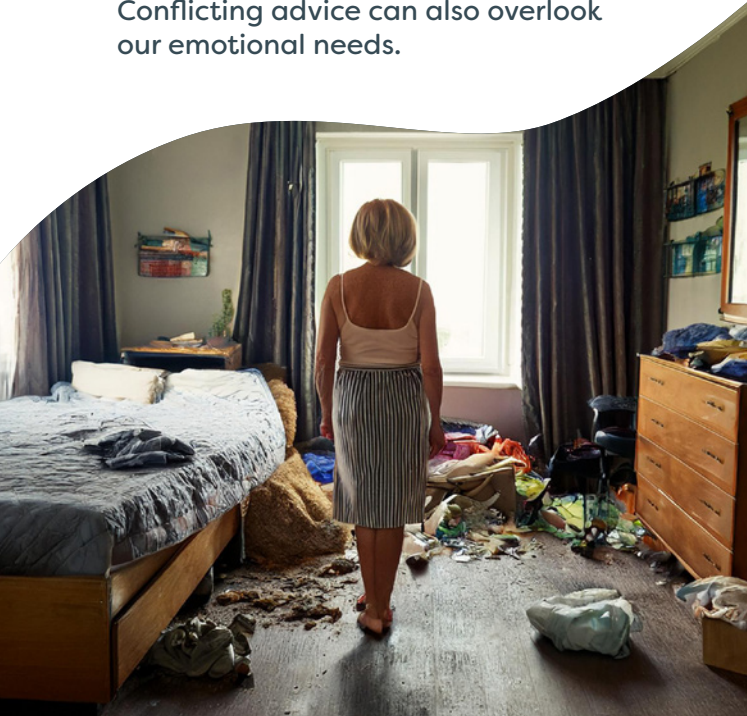
Keeping yourself and your home safe can be daunting.

When you feel overwhelmed, it often feels isolating and frustrating, even though many share your experience.

Much like addiction, shame and fear can prevent those dealing with hoarding and self-neglect from seeking help.

Often, these situations arise because we are struggling with other aspects of our lives; the state of our surroundings is often a symptom of deeper issues. This can make accepting help difficult, and loved ones may not know how best to offer support.

Conflicting advice can also overlook our emotional needs.



Support for individuals experiencing issues.

We understand that self-neglect and hoarding usually develop over many years and stem from complex causes. We offer direct support to clients who consent and engage with us, and we also work indirectly with trusted individuals in their lives.

Our assistance varies based on individual needs, ranging from emotional and practical support to enhancing overall quality of life.

Support for loved ones.

We provide emotional, practical, and other forms of support to those who care about someone struggling with these issues.

This may include developing safety plans, checking financial entitlements, exploring strategies to encourage engagement with further help, and connecting with a peer support network of others in similar situations.

Our support is tailored to meet your specific needs.



We recognise that hoarding and self-neglect can be overwhelming for everyone involved.

Seeking help can feel intimidating, so we proceed at your pace.

We can communicate via phone, email, face-to-face meetings, video calls, text messages, or a combination of these methods.

To start and speak with us, please use the contact details on the back of this leaflet.